

Self-Confidence Questionnaire

(I want to acknowledge the creator of this assessment. If I knew your name, it would appear right here!)

Put an X in the box if the statement is true for you.

- _____ I know intuitively what is right for me.
- _____ I confide in my Self.
- _____ I walk my talk.
- _____ I live my truth.
- _____ I am sincere.
- _____ I have challenged all my limiting beliefs.
- _____ I fear nothing.
- _____ I have a clear vision for my life.
- _____ I make my own choices.
- _____ My wisdom is innate, not learned.
- _____ I do not prevaricate.
- _____ I do not procrastinate.
- _____ I accept the authority of others as their authority not mine.
- _____ I am the author of my own life.

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- _____ I live my destiny not my fate.
- _____ I listen to my messages.
- _____ I hear my messages.
- _____ Life flows effortlessly.
- _____ I am fulfilled by life.
- _____ I do only what I truly value.
- _____ I never tell others what to do.
- _____ I never make other people wrong.
- _____ I have no tolerations.
- _____ I no longer need to enforce my boundaries.
- _____ I allow other people to follow their path.
- _____ I follow my path.

What do your answers reveal?

What action steps are indicated, if any?

What are you willing to change to achieve what you desire?



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I've shown 1,000's of women how to let go of what is holding them hostage and step into their purpose, power and potential. Would you like to learn more? Check out my Coaching packages and 'On Purpose' Power Products at www.SusanBock.com

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Have Questions? Give me a call 714-847-1566

Or send me an email: Susan@SusanBock.com